

CURRICULUM VITAE
Octavio C. Pinell, M.D.

June, 2006

NAME: Octavio C. Pinell, M.D.

PRESENT TITLE: Professor & Director of Undergraduate Education

HOME ADDRESS: 3401 Cole Brook Ct., Pearland, TX 77581

HOME PHONE: (281) 412-6046

DATE OF BIRTH: January 25, 1931

CITIZENSHIP: U.S.A., Naturalized 1971

EDUCATION:
1948 Graduated from high school Instituto Nacional de Occidente

UNDERGRADUATE EDUCATION:
1948-1956 M.D., Universidad Nacional de Nicaragua, Leon Nicaragua, C.A.

POSTGRADUATE TRAINING:

6/1957-5/1958 St. Vincent's Hospital, Leon, Nicaragua
General Internship

7/1958-6/1959 Oak Park Hospital, Oak Park, Illinois
General Rotating Internship

7/1959-6/1961 St. Vincent's Hospital, Harrison, New York
Residency in Psychiatry

7/1961-6/1962 Spring Grove Hospital, Baltimore, Maryland
Residency in Psychiatry, finishing residency training with six
months of child psychiatry

ACADEMIC APPOINTMENTS:

3/1/1994-Present Professor of Clinical Psychiatry
Department of Psychiatry
University of Texas Health Science Center Houston
Houston, Texas

3/1/1994-Present Director, Undergraduate Education in Psychiatry
University of Texas Health Science Center Houston
Houston, Texas

6/30/1990-present Professor of Clinical Psychiatry
 Department of Psychiatry
 Baylor College of Medicine
 Houston, Texas

6/30/1990-2/28/1994: Director, Undergraduate Education in Psychiatry
 Baylor College of Medicine
 Houston, Texas

Previous faculty Appointments:

8/1/1962-6/30/1966 Supervisor to Fellows from the Mayo Clinic
 Rochester State Hospital
 Rochester, Minnesota

7/1/1967-6/30/1968 Supervisor to Psychiatric Residents from UCLA
 Assigned to Brentwood VA Hospital
 Los Angeles, California

7/1/1970-6/30/1971 Instructor of Psychiatry
 University of Minnesota
 Minneapolis, Minnesota

7/1/1972-6/30/1981 Assistant Professor of Psychiatry
 Baylor College of Medicine
 Houston, Texas

7/1/1981-6/30/1989 Associate Professor of Psychiatry
 Department of Psychiatry
 Baylor College of Medicine
 Houston, Texas

HOSPITAL APPOINTMENTS:

1962-66 Direct patient care, 30 patients, Rochester State Hospital,
 Rochester, Minnesota

1966-67 Private patient care, Milwaukee, Wisconsin

1967-68 Direct patient care, 100 patients, Brentwood, California

1968-70 Direct patient care, Rochester State Hospital, Rochester, Minnesota

1972-82 Direct care of inpatients at the VA Hospital, Houston, Texas
 Wards 310, 412, 112, 312
 (Alcohol detoxification, Ward 312)
 (Personality disorders, ambulatory psychotic patients, Wards 412
 & 112)
 (Acute psychotic patients, Ward 312)

1982-83 Ben Taub Outpatient Psychiatric Clinic (review about 20-25
 patients per day)

1983-87 Ben Taub Inpatient Service, rounds with medical students and
 residents: reviewing 11-14 patients per day

1987-90 Quentin Mease Inpatient Services, rounds with medical students
 and residents: reviewing 11-14 patients per day

1994-Present Harris County Psychiatric Center, Adult Inpatient Psychiatry
Houston, Texas
2004 Consultant, Memorial Hermann Hospital, Houston, Texas

LICENSURES: Texas D8056
Georgia 1366D
Wisconsin 15088
Minnesota 16661

BOARD CERTIFICATION:

Certified in Psychiatry, American Board of Psychiatry and
Neurology, February 1966. Certificate #8804

PROFESSIONAL ORGANIZATIONS AND COMMITTEES:

1964 American Medical Association
1965 American Psychiatric Association
1973 Texas Society of Psychiatric Physicians
1981 Examiner for Board of Psychiatry and Neurology
1984 Texas Medical Association
1984 Harris County Medical Society
1986 Alpha Omega Alpha Society
2004 International Association of Medical Science Educators
2004 Question construction for the USMLE and
National Board of Medical Examiners
2005 Question reviewer for USMLE and National Board of Medical
Examiners

OTHER COMMITTEES:

1979 Undergraduate Committee, Department of Psychiatry
Baylor College of Medicine, Houston, Texas
1989-1994 Subcommittee on Resident Recruitment, Department of Psychiatry,
Baylor College of Medicine, Houston, Texas
1978-1982 College Administration committees, etc.
Allied Health Professions, Baylor College of Medicine
1978-1984 Student Promotions and Academic Achievement,
Baylor College of Medicine
1979-1982 Physician Assistant Student Promotion and Academic
Achievement, Baylor College of Medicine
1979-1982 Physician Assistant Student Admission Committee, Baylor College
of Medicine
1981-1982 Admissions Committee, Baylor College of Medicine
1989-1994 Medical Education 2001 Task Force, Baylor College
of Medicine
1990-1992 Curriculum Committee, Baylor College of Medicine

1990-1994	Chairman, Undergraduate Education Committee, Baylor College of Medicine
1994-present	Chairman, Undergraduate Education Committee University of Texas Health Science Center-Houston
2005	Psychiatry Residency Training Departmental Examination & Tutorial Committee Undergraduate Curriculum Revision Work Group

HONORS AND AWARDS:

1980	Life Fellow of the American Psychiatric Association, December 1980
1981	Outstanding Faculty Member Teaching Award, Class Graduation May 1981
1981	Outstanding Faculty Member Teaching Award, Class graduating in November 1981
1981-present	Examiner (every other year) American Board of Psychiatry and Neurology
1982	Outstanding Faculty Member Teaching Award, Class graduating in May 1982
1982	Certificate of Appreciation for Excellence in Teaching, Physician's Assistant graduating class of 1982
1983	Investing Marshall, Commencement Class of 1983
1983	Outstanding Faculty Member Teaching Award, Class graduating May 1983
1984	Certificate of Appreciation for Excellence in Teaching, Physicians Assistant graduating class of 1984
1985	Outstanding Faculty Member Teaching Award, Class graduating in May 1985
1986	Outstanding Faculty Member Teaching Award, Class graduating May 1986
1986	Alpha Omega Alpha Honor Medical Society, Faculty member election May 1986, still active
1987	Outstanding Faculty Member Teaching Award, Class graduating May 1987
1987	John P. McGovern Outstanding Teaching Award in Clinical Sciences (Best Professor of Clinical Sciences, Baylor College of Medicine)
1988	Outstanding Faculty Member Teaching Award, Class graduating in May 1988
1988	Excellence in Teaching Award, Residents' class graduating in 1988
1988	Investing Marshall, Commencement Class of 1988
1988	Baylor Hall of Fame, 1988
1989	Medical Board, Harris County Hospital District Medical and Dental Staff

1991	Nancy C.A. Roeske, M.D., Certificate of Recognition in Excellence of Medical Student Education, presented at the annual A.P.A. meeting, May 1991
1991	John P. McGovern Outstanding Teacher Award in Clinical Sciences, (Best Professor in Clinical Sciences, Baylor College of Medicine)
1991	Distinguished Teacher Award in Basic Sciences
1992	Distinguished Teacher Award in Basic Sciences
1992	Distinguished Teacher Award, selected by second-year medical students (Basic Sciences)
1993	Distinguished Teacher Award in Basic Sciences
1994	Distincion al Merito, NAMA
1994	Outstanding Teaching Award for Minority Residents-Baylor College of Medicine
1995	Outstanding Clinical Teaching Award
1995	Best Supervisor, Residents'
1995	Outstanding Professor, Basic Sciences
1995	McGovern Award, Outstanding Teacher (Best Professor in Medical Sciences at UT-Houston)
1996	Residents Best Teaching Inservice
1996	Students Best Clinical Psychiatrist
1996	Residents Best Clinical Teaching Award
1997	McGovern Award, Outstanding Teacher (Best Professor in Medical Sciences at UT-Houston)
1997	Outstanding Teaching Award
1998	McGovern Award, Outstanding Teacher (Best Professor in Medical Sciences at UT-Houston)
1998	Outstanding Teaching Award
1999	McGovern Award, Outstanding Teacher (Best Professor in Medical Sciences at UT-Houston)
1999	Outstanding Teaching Award
2000	Outstanding Teaching Award
1996-2003	Student Hooder
1996-2001	Student Marshall
2001	Outstanding Teaching Award
2001	Residents' Best Clinical Teaching Award
2001	McGovern Award, Outstanding Teacher (Best Professor in Medical Sciences at UT-Houston)
2001	Dean's Teaching Award
2002	Outstanding Teaching Award
2002	Dean's Teaching Award
2003	Outstanding Teaching Award
2003	Dean's Teaching Award
2003	Distinguished Life Fellow of the American Psychiatric Association

- 2004 McGovern Award, (Best Professor in Medical Sciences at UT-Houston)
Outstanding Teacher Award in Psychiatry
Dean's Teaching Excellence Award, 2003-04
- 2005 Outstanding Teaching Award in Psychiatry
Student Hooder
- 2006 Dean's Teaching Excellence Award, 2005-06
McGovern Award
Outstanding Teacher Award in Psychiatry
Student Hooder
- 2006 Nominated for the Ruben Dario Medal, Nicaragua

INVITED LECTURES AND PRESENTATIONS:

Television presentation:

July 1964 - "Drug Use Among Teenagers" Rochester, Minnesota

Grand Rounds:

- June 1964 - "Sleep Therapy" Rochester State Hospital,
Rochester, Minnesota
- December 1965 - "Schilder's Disease" Rochester State Hospital,
Rochester, Minnesota
- December 1971 - "How to Mistreat Psychiatric Patients" Florida
State Hospital, Chattahoochee, Florida
- May 1972 - "Does Homosexuality Exist Among Animals?"
VA Hospital, Houston, Texas
- October 1976 - "Advances in Psychopharmacology" Family
Practice Symposium, Baylor College of Medicine, Houston,
Texas
- October 1977 - "Advances in Psychopharmacology", "Family
Practice Symposium, Baylor College of Medicine, Houston,
Texas
- May 1979 - "Beta Blockers in Psychiatry" Baylor College of
Medicine, Houston, Texas
- June 1980 - "Absorption of Phenothiazines from the GI Tract
When Administered with Antacids" Pharmacology
Convention, Atlanta, Georgia
- 1983 - Invited Professor of Psychiatry, lectures to U.S. students in
Universidad Autonoma de Guadalajara, Mexico
- January 1993 - "ECT" Baylor College of Medicine, Houston
Texas
- October 1994 - NAMA "Treatment of Antidepressants"
- July 1995 - "Human Sexuality", Symposium, Montelemar,
Nicaragua
- October 1995 - NAMA "Sexual Dysfunction"
- March 1996 - Latin American Congress of Psychiatrists,

Tegucigalpa, Honduras, “A Review of the Role of Different Substances in Sleep Patterns”

October 2001 Nicaraguan Chapter of the World Psychiatric Association “Atypical Anti-psychotics”, “Treatment of Side Effects of Psychotropic Drugs”, “Treatment-Resistant Depression: Augmentation and Combination Strategies”

International Conference of Psychiatry Central American Chapter Conference:

June, 1997 - “Diagnosis and Management of Depression in Women”, Managua, Nicaragua

March, 1998 – “Management of Sexual Disorders in Females”, San Jose, Costa Rica

March, 1998 - “Update In Anti-Manic Treatments”, San Jose, Costa Rica

March, 1998 – “Update In Treatment of Sleep Apnea”, San Jose, Costa Rica

March, 1998 – “Treatment of Sexual Desire & Orgasms in Females”, San Jose, Costa Rica

March, 1998 – “Update Treatment of Movement Disorder In Sleep”, San Jose, Costa Rica

November, 2000-“Premenstrual Dysphoric Disorder”, Managua, Nicaragua

November, 2000-“Hypodopaminergic Syndrome”, Managua, Nicaragua

November, 2000-“Pharmacotherapy for Anxiety Disorder”, Managua, Nicaragua

Latin American Chapter of the World Psychiatric Association – Managua, Nicaragua

April, 2003-“Update in Psychoimmunology”

April, 2003-“Pathology of Cocaine Abuse”

April, 2003-“Genetic Problems in Psychiatry”

Nicaraguan Psychiatric Association

September 2005-“Clinical Manifestations and Management of Neuroleptic Malignant Syndrome, Serotonin Syndrome, Malignant Hyperthermia, and Malignant Catatonia”

PUBLICATIONS:

Pinell O, Adams G: Pharmacotherapeutics, chap 11 (153-188). In Moffic HS, Ruiz P, Adams G (eds): Mental Health Care for Allied Health and Nursing Professionals. St. Louis: Warren H. Green, Inc., 1989

Pinell O: Electroconvulsive therapy, chap 12 (189-198). In Moffic HS, Ruiz Adams G (eds): Mental Health Care for

Allied Health and Nursing Professionals. St. Louis: Warren
H. Green, Inc., 1989.

Didactic Course Work:

1975-1982	In charge of coordinating medical student clerkship at VA Hospital, Houston, Texas, gave 5 hours didactic lectures a week
1977-1978	Teaching pharmacotherapy to Family Practice residents, Baylor College of Medicine, Houston, Texas
1982	10-12 hours of lectures during first two days of the crash course to new medical students starting psychiatry clerkship, Baylor College of Medicine, Houston, Texas
1982	3-1/2 to 5 hours of didactic lectures a week to students rotating through Ben Taub and Quentin Mease Hospitals, Baylor College of Medicine, Houston, Texas
1982-1984	20 hours of didactic teaching to PA students, Baylor College of Medicine, Houston, Texas
1982-1985	13 hours of psychopharmacology (didactic teaching) to PGY-1 residents (twice a year), Baylor College of Medicine, Houston, Texas
1984-1994	3 hours teaching <u>DSM-III-R</u> psychiatric symptoms to PGY-I residents (twice a year), Baylor College of Medicine, Houston, Texas
1985	20 hours teaching psychopharmacology (didactic teaching) to PGY-1 residents (each semester), Baylor College of Medicine, Houston, Texas
1986	10 hours didactic teaching to Basic Science Medical Students, Baylor College of Medicine, Houston Texas
1987	4 hours didactic teaching to PGY-II residents in advanced psychopharmacology and neuropsychiatry, Baylor College of Medicine, Houston, Texas
1988	6 hours of didactic teaching in psychopharmacology and somatic treatments in psychiatry to Physician Assistant students, Baylor College of Medicine, Houston, Texas

Previously taught the following courses at Baylor College of Medicine:

1. Psychopharmacology (PG-I)
2. Schizophrenias and other psychoses (medical students)
3. Mood disorders (medical Students)
4. Advanced treatment of schizophrenias (PGY-II)
5. ECT (medical students)
6. ECT (residents)
7. Psychopharmacology (medical students)
8. Drug abuse (medical students in basic sciences and clinical rotations)
9. Defense mechanisms (medical students in basic sciences)
10. Psychiatric terminology (medical students in basic sciences and clinical rotations)

11. Delusional disorders (clinical medical students)
12. Anxiety disorders (clinical medical students)
13. Organic brain disorders (clinical medical students)
14. Personality disorders (clinical medical students)
15. Psychopharmacology and other somatic treatments in psychiatry including brain surgery (clinical medical students)
16. Somatoform disorders (clinical medical students)
17. Dissociative disorders and factitious disorders (clinical medical students)

Curriculum Development Work:

1962-65	Chief of Service, Rochester State Hospital, Rochester, Minnesota
1965-66	Private Practice, Milwaukee, Wisconsin
1966-67	Chief of Service, Brentwood VA Hospital, Los Angeles, Ca.
1967-70	Chief of Service, Rochester State Hospital, Rochester, Minnesota
1970-71	Director Anoka State Hospital, Anoka, Minnesota
1971-72	Director and Assistant to Superintendent of Florida State Hospital, Chattahoochee, Florida
1972-81	Chief of Wards 312 and 412, VA Medical Center, Houston, Texas
1976-81	Coordinator of medical student rotation at VA Hospital, Houston, Texas
1982-83	Chief of Outpatient Psychiatric Clinic, Ben Taub General Hospital, Houston, Texas
1983-84	Chief of Psychiatric Inpatient Unit, Ben Taub General Hospital, Houston, Texas
1983-90	Director of Clerkship, Department of Psychiatry, Baylor College of Medicine, Houston, Texas
1990-94	Director, Undergraduate Education in Psychiatry, Department of Psychiatry, Baylor College of Medicine, Houston, Texas
1994-Present	Director Clerkship, Department of Psychiatry, University of Texas Medical School at Houston, Houston, Texas
1994-Present	Director, Undergraduate Education in Psychiatry, Department of Psychiatry, University of Texas Medical School at Houston, Houston Texas

Non-didactic teaching:

1. Individual core presentation supervisor and discussant to PGY-1 and PGY-2 residents through Ben Taub General Hospital, two to four hours per week
2. Individual case presentation supervisor and discussant for medical students who present cases when rotating through Ben Taub Hospital, four to six hours per week
3. Videotape presentation and discussion with medical students, two hours per week
4. Live patient presentation at the VAMC with medical students, two hours per week
5. Oral testing of assigned topics with medical students, two hours per week
6. Preparation, administration and discussion of a written test with medical students, two hours per week